



UNIVERSITY OF MINNESOTA
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University of Minnesota Retirees Volunteer Center

VOLUNTEER OPPORTUNITY

Volunteers Needed for Physical Therapy Clinical Education

The University of Minnesota Division of Physical Therapy creates and integrates innovative research discoveries, education, and practice to develop scholarly, collaborative physical therapists (PT) and rehabilitation scientists who advance health care and disease prevention for the diverse communities in Minnesota and beyond.

Description of activity requiring volunteers:

This is part of the Doctor of Physical Therapy students' clinical education. There is a need for healthcare providers to be proficient in telehealth services. This project presents the opportunity to assist with the development of future physical therapists.

Details of volunteer duties:

Volunteers will sign up for a 75-minute appointment in which they join two PT students and a licensed PT on Zoom.

The PT students will perform an evaluation of the volunteer's musculoskeletal (muscle, joint, bone, condition which includes collecting a history of the problem, gaining insight into the impacts of the problem on daily living, and thoroughly reviewing pertinent past medical history.

Common conditions of which the students can evaluate at this stage of their education include the following body regions and conditions: legs, spine, and some shoulder and elbow issues; osteoarthritis or joint pains, muscle pain or weakness, and limitations in functional mobility.

Dates, times, and locations: Meetings will be virtual on Zoom.

Dates and times can be selected from:

- Tuesdays from 1pm – 2:24pm OR 3pm – 4:15pm
- Thursdays from 1pm – 2:24pm OR 3pm – 4:15pm

Physical expectations/limitations: Evaluations will be directed to meet the volunteers' physical capabilities safely. Ideally, volunteers can manage their web camera position, perform functional

movements consistent with daily living and moving, and can operate in a private space where they can move freely.

What to wear (or not to wear): Comfortable clothes to move in, often shorts and a t-shirt or tank top. Ideal if the body region of complaint can be viewed, but not required.

**Please indicate at registration whether you are a URVC/UMRA volunteer.*



Deadline for volunteer application: Ongoing.

To register for this activity

Click on the following link to register:

[Physical Therapy Integrated Education
Volunteer Application](#)

**You may also contact the University Retirees
Volunteer Center,
by email (preferred) at URVC@UMN.EDU
or by phone at 612-625-8016**

WANT TO LEARN MORE?

For more information on available
volunteer opportunities, contact the
URVC Office at urvc@umn.edu or
612-625-8016
